



Ruthin Cycling Club – Clwb Seiclo Rhuthun
AGM 2024

Ruthin Cycling Club

Annual General Meeting

22nd January 2024



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AGM Rules

- Ask to speak through the Chair (Host)
- Don't interrupt other people (hand up)
- Stick to the item on the agenda
- Respect other peoples views
- Keep contributions short and to the point
- Voting requires a proposer and seconder



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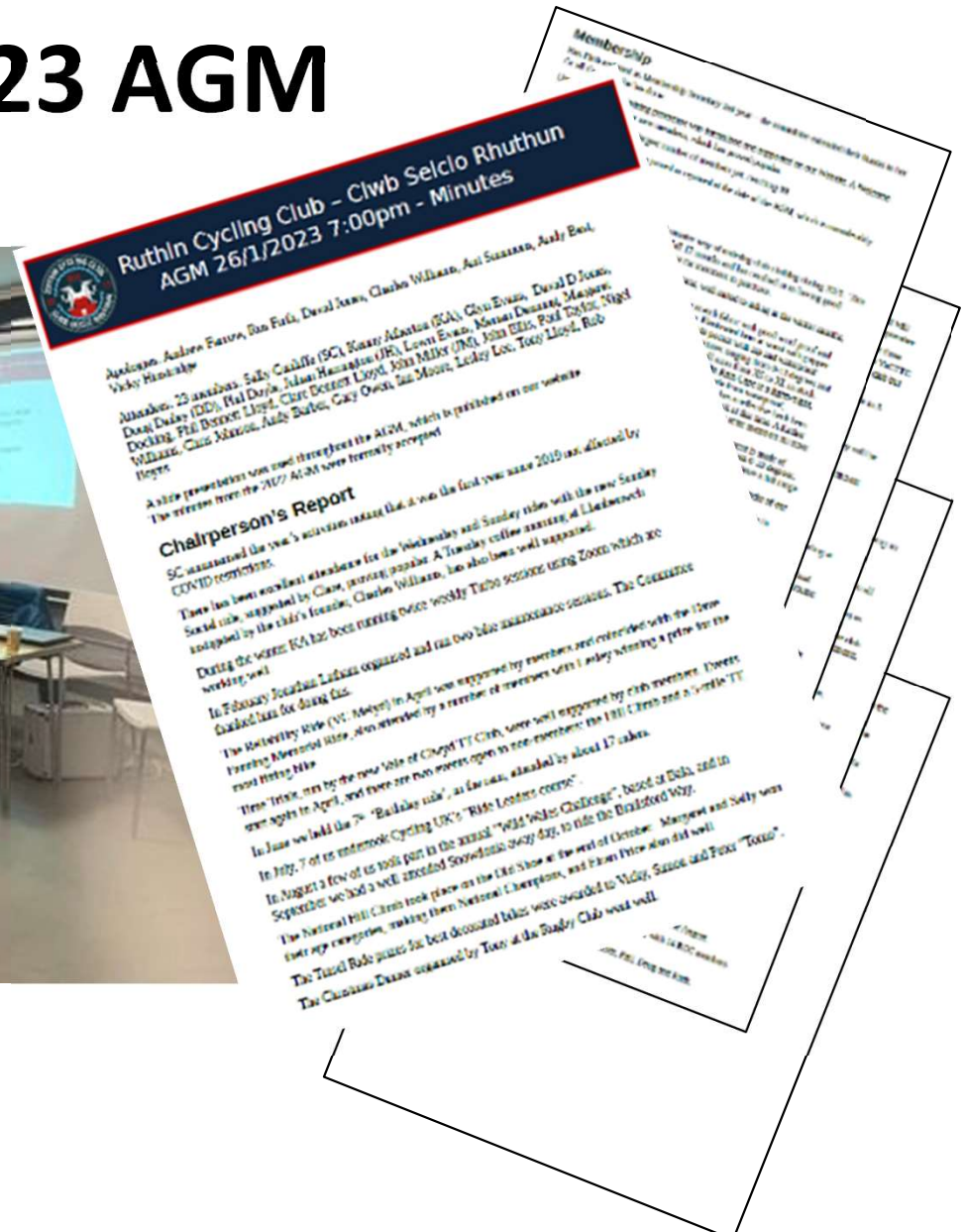
Agenda

1. Agree Minutes from 2023 AGM
2. Chairperson's & Ride Report
3. Treasurer's Report
4. Membership Update
5. Club Kit Update
6. Committee Election
7. Competitions & Time Trials
8. Website Update
9. Incidents & Complaints
10. Welsh Cycling Update
11. AOB



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Agree Minutes from 2023 AGM





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Chairperson's Report

New Meeting Place – St. Peter's Square





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Sunday Rides





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Sunday Rides...





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Coffee at Llanbenwch





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Sunday & Wednesday Social Rides





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Reliability Ride - April





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Doddie Aid – Rob Bovns





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Eryri 360

Many thanks to Gary Owen, and all those who joined, raising over £12,000 for the Wales Air Ambulance





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Eryri 360





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Eryri 360 - Revisit





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Eryri 360 – In the News





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Llandyrnog Road Race – Ian Moore

Ras Ffordd Llandyrnog

Region NW The North
West

Sunday 2nd July 2023
09:00 AM





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Tour of Britain Support





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RCC Out & About





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Christmas Dinner





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Tinsel & Xmas Rides





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A request for your help...

During 2023, whilst we have had very strong attendance in A and intermediate groups, the B group has been less well attended.

There may be several reasons, and we cannot prescribe when folks ride, but it is giving us particular problems with Sunday trial riders.

Can all Sunday riders (long rides and social) [please sign up on RWGPS](#), so our membership secretary can give potential new recruits an appropriate group.

Many thanks....



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Looking forward to 2024

- **Doddie Aid 2024**
- **Wednesday Away Days**
- **UCI Gravel Qualifier coming to Ruthin – July**
- **Wild Wales Challenge – August**



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Special thanks to...

- **Rob Boyns – Doddie Aid**
- **Gary Owen – Eryri 360 huge charity contribution and committee support**
- **Ian Moore – creating & delivering the road race**
- **Con Mayman – Making us all laugh on the Tinsel Ride!**

THANK YOU – End of Chairperson's Update



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Treasurer's Report

- Profit Loss Summary
- Key Profit/Loss Details
- Overall Financial Summary



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PROFIT/LOSS SUMMARY

Date	Bank Assets	Kit Stock	Total
31-Dec-2022	£3411	£4342	£7753
31-Dec-2023	£3186	£4404	£7590
Change >	£225 LOSS	£62 GAIN	£163 LOSS



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Profit/Loss Details - Cash

Category	Income	Expense	Total	Comments
Membership Subs	1440		+1440	Includes £320 of 2023 subs
Club Kit	2014	2381	-367	Good sales & turnover
The Centre		150	-150	Monthly fees
Turbo		64	-64	Free benefit to members on Zoom
Training				
Affiliations		422	-422	BC, CUK, CTT, RWGPS
Xmas Dinner	935	1077	-142	First drink paid by club
Charity		300	-300	Doddie Aid, Wales Air Ambulance
Miscellaneous	21	241	-220	Web Hosting/Bank Charges
TOTAL	4410	4635	-225	



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Financial Summary

- 2023 was a showed a slight cash loss of £225
- Everything is stable, with £3000 cash as our buffer
- Membership subs to remain at £20, but we will review for next year
- Kit stock build is completed financially, healthy sales at ~£2000 in 2023
- Charity Donations
 - Doddie MND Ride - Rob Boyns - £100
 - Air Ambulance 360 Ride - Gary Owen - £200
- **Outlook – overall we are stable financially, but we don't have pots of cash to spend**



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Membership Update

- 95 members by end of December 2023
- 13 new members joined in the year
- 68 members currently rejoined or carried over
- No increase in subs since 2015 (club foundation)

Overall, membership continues to be healthy, and ride attendance on Wednesdays and Sundays is tremendous.



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Club Kit Update

- Kit System as previously – contact kit@ruthin.cc with your requests
- Kit is now held by Tony Lloyd – many thanks to Tony for his support
- Keep an eye on the website for stock levels
- Keep flying the flag by wearing our kit – this is the best marketing tool we have, and we are looking good in St. Peter's Square!



Bib



Short-Sleeved Jersey



Arm Warmers



Long-Sleeved Jersey



Winter Jacket



Rain Jacket



Bib Shorts



Bib Tights



Club Socks



Buff/Snood



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Committee Election

- **Chair:** David B Jones OBE
- **Secretary:** John Miller
- **Treasurer:** Julian Harrington
- **Membership:** Andy Best
- **Competition Secretary:** Ian Moore
- **Ride Coordinator:** *** vacant ***
- **Communications:** Vicky Hinstridge
- **Social/Kit:** Tony Lloyd
- **Ordinary x 3:** (Ant Simmons, Chris Johnson, Marg Docking)
- **Development, Welfare:** vacant/not currently planned



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REQUEST FOR HELP – Sunday Ride Planning

We've concluded the current Rides Secretary Role (one person responsible for all ride planning every single week) is not sustainable.

We want to recruit a team of Sunday ride planners to go on a rota to support the secretary and system.

Role requirements – mild computer literacy, ½ hour a week for say 8 weeks per year.

Detailed instructions and a WhatsApp support group will be in place for help.

Any volunteers please let Glyn or Julian know – Thank you



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Competitions & Time Trials





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Website Update



- Now bi-lingual (thanks to Gary Owen).
- Please send me (secretary@ruthin.cc) any corrections, especially where I have changed the English text but not the Welsh.
- We plan to translate the Welcome Pack too. Also any other corrections, ideas etc.
- The online shop is permanently closed as it is too expensive in relation to our limited turnover.



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Incidents & Complaints

- Like most organisations we encounter problems, usually riding incidents or complaints from the public.
- We've created a database to record such incidents, so we try to take preventative actions
- PLEASE REPORT ANY INCIDENTS to a committee member
- Please always ensure your road manners are courteous, polite and legal

In 2023, we suffered 2 riding incidents which required hospital treatment.

Looking at these 2 incidents, and further back over the years, we found a common theme with our most of our serious incidents.

WHAT IS THIS COMMON THEME?



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Descending in a Group – **INPUT & EDITS VERY WELCOME**

Our accident statistics show that descending is the most dangerous time for group riding, so please follow these *common sense* guidelines:

- Remind yourself and your group that descending is risky, so concentrate hard on the task in hand.
- Be very aware of the conditions (road type, traffic, pedestrians, road surface, [pot-holes, gravel, damp, ice, leaves etc.]) and ride accordingly.
- On single track lanes, assume there is a hazard around every corner. Stay to the left and ensure you can stop before your view point.
- Hazards will appear faster than you can react, so ensure your speed is appropriate for the situation.



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Descending in a Group cont...

- Keep a good gap to the rider in front to allow visibility of hazards, and time to react.
- Limit social chatting which can reduce your focus on the task.
- Competitive behaviour is often not appropriate when descending as a group. Don't race unless it is safe to do so.
- Ensure your bike is mechanically sound. Speed and vibration will aggravate the effect of any defects.

THOUGHTS OR FURTHER INPUT?



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Welsh Cycling Update

Please welcome Chris Mann





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Any Other Business

- **Ideas from the floor...**



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- **Diolch yn Fawr / Thank You**